



Regulations and Terms of Participation

Organizing Entity:

José Carlos Carvalho Pereira – RNAAT: 908/2017
Trees And Travel – Tourist Entertainment Company

TreesAndTravel / IsaLua – coworking space
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Cycling route – “Spring in the Alentejo” – Nisa, Marvão, Castelo de Vide.

Discover the Alto Alentejo region on a cycling tour between Nisa, Castelo de Vide, and Marvão, enjoying a leisurely pace. Here, time seems to slow down, ideal for pedaling slowly and letting the landscape dictate the rhythm of your journey. At this time of year, the fields reveal a palette of colors that invite you to pedal without haste, listening only to the wind and the birds. Cycling here is more than just a simple journey: it's an experience in the landscape, culture, and rhythm of the Alentejo countryside. With a permanent guide, you'll have support, safety, and local tips without losing the freedom to cycle at your own pace.

Itinerary:

On this **cycling** tour, we leave **Nisa** and enter the heart of Alto Alentejo via municipal roads and dirt tracks until we reach **Póvoa e Meadas**. From here, it's **pure Alentejo**, with breathtaking **granite landscapes** until we reach **Beirã**, the old border station of the **Cáceres branch line**. We continue our journey to **Stº António das Areias** and the beginning of the ascent of the **Sapoio mountain** to **Marvão**, which can be glimpsed high above. Here the landscape is more humanized, and we begin to find **chestnut groves** amidst the **cork oak forest**. After the most technical stage, we arrive at the **citadel of Marvão** where we will spend the **night**. The next day we take advantage of the descent from Marvão to rest our legs and, arriving at the **Roman city of Ammaia**, we explore this ancient site. Continuing our journey, we pass through the **ash trees tunnel** on the way to **Castelo de Vide**, which, as we leave it behind, we enter the **Alentejo landscape** again on the way to the **Póvoa e Meadas dam**. **Nisa** comes back into view, and here we conclude our journey with a farewell **dinner** and **toast**.

Registration from €450 per person

(includes a permanent English-speaking guide accompanying the group)

Base Package – €450 / participant

Includes: Guide riding with the group; mandatory insurance; basic logistical support.

Does not include: Bicycle; panniers; participant accommodation; meals; visit to Ammaia; technical transfer.

Standard Package – €520 / participant

Includes: Guide riding with the group; mandatory insurance; 4 snacks (coffee + cake); 2 packed lunches; dinner in Marvão; dinner in Nisa; visit to the Roman city of Ammaia.

Does not include: Bicycle; panniers; participant accommodation; technical transfer.

Premium Package – €630 / participant

Includes: Guide riding with the group; mandatory insurance; 4 snacks (coffee + cake); 2 packed lunches; dinner in Marvão; dinner in Nisa; visit to the Roman city of Ammaia; technical transfer Stº António das Areias → Marvão (participants + bicycles).

Does not include: Bicycle; panniers; participant accommodation.

Logistical Notes:

The guide accompanies the entire route, ensuring safety and technical support.
Secure parking for vehicles is available in Nisa for the entire duration of the tour.

General Conditions:

Participants must use their own bicycles (with panniers for belongings).

Average distances: 2 days with ~50 km/day, with a technical climb of moderate difficulty (~6 km).

Participants must assess their physical condition before registration.

Mandatory equipment: helmet, water, basic repair kit.

A **pre-registration of €60** is required up to **10 days before the activity**, with the remaining amount payable up to **2 days before** the activity begins. If registration occurs after this date, the total price must be paid at the time of registration. The organizing entity reserves the right to cancel any registration for which payment has not been made under the above conditions.

We can provide **information** about **accommodations** from our partners in **Marvão**.

We can provide **information** about **bicycle** and **electric bicycle** rentals from our partners in **Nisa**.

A basic menu of the **meals** included in the itinerary will be presented before the activity begins.

For more information and special conditions: **schedules / transfers**... request information.

Route available from March to May

Note: This itinerary is developed and conducted in partnership with local entities, and the final registration price includes the direct costs of the organization (guide, insurance, etc.) as well as partner service costs (meals, etc.). "Trees And Travel – Tourist Entertainment Company" issues an invoice detailing its direct services and acts as an intermediary for the remaining services.

Participant Registration:

- At the time of registration, the participant must provide the following data for insurance activation:
Name; Date of Birth; Tax ID (NIF).

Number of Registrations:

- This number will be limited to the capacity of the organizing entity to ensure the activity runs smoothly.
- Minimum **6 participants** and a **recommended** maximum of **12**.

Transfer of Registration:

- Participants may transfer their registration to another person who meets all the requirements for the trip, provided the organizing entity is informed at least **2 days** in advance and accepts the substitution. The transfer of registration makes the original and replacement participant jointly responsible for the payment and any additional costs incurred.

Cancellations:

- Pre-registration fee – **€100**.

Changes:

- Whenever justified by external reasons, the organizing entity may alter the route order or modify the departure time. If unforeseen circumstances require suspension of the itinerary, participants will always be entitled to a full refund.

Cancellation by the Organizing Entity:

- The organizing entity reserves the right to cancel the itinerary if exceptional conditions arise or if the number of participants is below the minimum required. Participants will be notified within **2 days** and reimbursed all payments without any further liability.

Price Changes:

- The program prices are based on the costs of services and exchange rates at the time of printing and are subject to change due to variations in transport or fuel costs, taxes, duties, and exchange rates. Participants will be informed and invited to accept the new price or cancel their registration. Refunds will be issued if the registration is canceled due to price increases.

Cancellations and Refunds:

- If the participant wishes to withdraw from the activity, they must do so in writing up to **2 days** in advance; otherwise, they may be required to pay expenses or forfeit the entire amount paid.
- Failure to appear at the pre-established location, date, and time for the start of the activity is considered a withdrawal and results in the total loss of the payment made, with no possibility of recourse.
- Delays of **30 minutes** or more beyond the pre-established time are considered a failure to appear.

Conditions for Children:

- Information about conditions for children should be requested. This cycling itinerary is not recommended for those **under 16**.

Liability:

- The organizing entity's liability is covered by "Personal Accident Insurance (policy AG82655983 Fidelidade)" and "Civil Liability Insurance (RC82655987 Fidelidade)".

Participant Responsibility:

- Participants must respect the established start times for activities, as well as the intermediate times defined by the guide. Delays, in addition to demonstrating a lack of care for other participants, may result in the inability to participate in part of the activity.
- Participants are responsible for choosing a program that is suitable for their abilities, physical fitness, and health status, and for providing personal information in advance of the activity's start.
- Participants must follow environmental recommendations and legal or established rules while the program is underway, according to the guide's instructions, and respect the rights and privacy of other program participants.
- Participants have a duty **not to intentionally damage property belonging to private entities (works of art; animals; agricultural crops; etc.)**, assuming full responsibility before the competent authorities should they be subject to legal proceedings, releasing the organizing entity from any liability for the act.
- There will be no refund if the participant arrives late to an activity or finishes early, or if they do not enjoy any meal or service included in the program.
- At the time of registration, the organizer must be informed of any specific needs of the participant.

Limitation of Liability:

- The organizing entity is not responsible for bodily injury or property damage resulting from (but not limited to): physical exhaustion due to the program being unsuitable for the participant's physical capabilities; transportation; adventure sports activities; equipment breakage or failure; forces of nature; consumption of alcoholic beverages; arrest or kidnapping; terrorism; lack of or limited access to medication or medical care in remote locations; altitude sickness; and the adequacy of medical care when provided.
- In the event of participant withdrawal for reasons unrelated to the activity, alternative means of transport will be provided for the return to the starting point of the activity, and (provided that the reason is not covered by existing insurance) the costs arising from the return trip will be borne by the participant.

Documentation:

- The participant must have their personal or family documentation in order. The organizer declines all responsibility for lack of documentation. In such cases, the conditions established in the "Withdrawals" clause apply, and the participant is responsible for any and all costs that such a situation may entail.

General conditions:

- The prices for activities do not include (unless indicated and included in the activity): transfers to the activity location; personal expenses (personal expenses include: all purchases or acquisitions outside the program; souvenirs; drinks; tobacco; etc.).

Payment method:

- Cash / Bank transfer / SPIN (CGD) / MB WAY / Paypal If payment is made by bank transfer, registration is only valid once this is confirmed. The participant must inform that they have made the transfer and present the payment slip or proof of payment so that it can be verified in a timely manner and the registration validated.

Use of photographs and images:

- Registration and participation in this itinerary authorizes the transfer of images to the organizer, without the participant having the right to pay for them. The organizer may use these images to illustrate promotional and advertising material for the company, such as catalogs, slides, posters, videos, and the Internet. Whenever minors are involved, the organizing entity undertakes to safeguard their identity as much as possible, publishing only photographs where their recognition is not possible.

Note 1:

These "Terms and Conditions" may be supplemented by any specific conditions, provided they are duly agreed upon by the parties.

General Data Protection Regulation / Privacy Policy

1 – Data collection is reflected in the contact between this entity and clients who request information (or have shown interest in the activities carried out) and/or request services or participation in activities organized by it.

a) Personal data:

In the exercise of the activity, the following data is collected, processed and stored: “name”; “address”; “email”; “telephone contacts”; “tax identification number (NIF)”; “date of birth”.

Regarding data collection by third parties where this entity has and/or discloses information (social networks, search engines, etc.), please consult their privacy policies: Facebook, Instagram, Messenger, Twitter, Google.

b) Processing of collected personal data:

The collected personal data is organized, updated, and maintained as needed for contact with the client and sector of activity.

2 – Responsibility for the processing of personal data:

José Carlos Carvalho Pereira is solely and entirely responsible for the processing of the collected data.

3 – Purpose of processing personal data:

The purpose is to ensure correct contact and participation of clients in the activities and services developed by this entity, as well as the dissemination of this entity's activities and/or services.

4 – Secure storage period and data retention time:

Personal data provided by clients and maintained by this entity will be valid for the period necessary for the purpose of providing the inherent services, as well as the commercial relationship between this entity and the clients, and will be kept only for the period necessary for the provision of the service and legal obligations.

5 – Rights of personal data subjects:

Personal data subjects may, at any time, request: “access to their data”; “rectification or correction of their data”; “deletion of their data”.

6 – Consent of Personal Data Subjects:

Consent for the collection, maintenance, and processing of data is freely given and specific.

7 – Transmission of Personal Data to Third Parties:

In the development of specific activities, there may be a need to transmit personal data to third parties (such as in the case of insurance activation, where data needs to be sent to insurance companies...) and authorization will always be requested from the personal data subjects, and an indication will be given of which data will be transmitted and for what purpose.

8 – Contacts:

For questions or information, you can contact this entity using the contacts available on the website, or

info@treesandtravel.com / travel@treesandtravel.com

By the organizing entity:

José Carlos Carvalho Pereira

Participant: